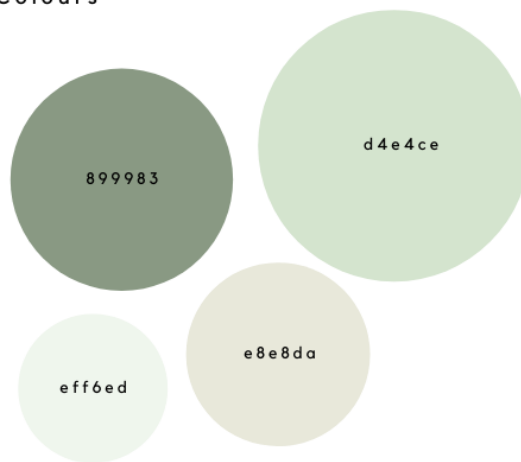


how to REALLY live sustainably

### Colours



### Instagram - facts

Three vertical rectangular cards stacked on top of each other. Each card has a different background color and contains a fact about food waste or plastic pollution.

All of the world's nearly 1 billion hungry people could be fed on less than 1/4 of the food that is wasted in the US, UK and Europe

Since the 1950's, 8.3 billion tonnes of plastic has been produced worldwide

Everyday, 8 million pieces of plastic pollution find it's way into the ocean

### Instagram - quotes

Three vertical rectangular cards stacked on top of each other. Each card has a different background color and contains a quote about sustainability, enclosed in quotation marks.

use it, wear it out, make it do, or do without

Little by little, a little becomes a lot

There is no such thing as 'away' when we throw when we throw anything away, it must go somewhere



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