



IAN HITCHWORTH IS

RAPID

AN ENTIRELY FALSE TRUE STORY

LOGLINE

BROADCAST BY WEST COUNTRY TV, A DOCUMENTARY CREW TRACK DOWN STRUGGLING SPINTER IAN HITCHWORTH, THE DISGRACED SON OF OLYMPIC LEGEND, GARY 'RAPID' HITCHWORTH. THEY FOLLOW IAN AS HE ATTEMPTS A COMEBACK IN A DESPERATE EFFORT TO PROVE THAT...

IAN HITCHWORTH IS RAPID.



SYNOPSIS

IAN HITCHWORTH WAS ONCE A PROMISING YOUNG ATHLETE, HOPING TO FOLLOW IN THE FOOTSTEPS OF HIS FATHER, OLYMPIC LEGEND GARY HITCHWORTH. HOWEVER, WHEN HE WENT VIRAL FOR LOSING HIS TEMPER AT A CHARITY RACE, HIS CAREER SEEMED TO BE OVER. INTERESTED IN WHERE HE IS NOW, A DOCUMENTARY TEAM FOR WEST COUNTRY TV TRACKS IAN DOWN.

AFTER THE DAMAGING IMPACT OF THE VIRAL VIDEO, IAN IS EAGER TO START OVER AND PROVE WHO HE REALLY IS. HE SHOWS THE DOCUMENTARIAN AROUND HIS FLAT, EXPLAINING HOW GROWING UP WITH GARY HITCHWORTH AS A FATHER MEANT A CONSTANT "RAPID MENTALITY." EVERYTHING HAD TO BE RAPID. HE STATES HIS FATHER IS AN INSPIRATION AND A LEGEND; HIS BIGGEST HERO, AS WELL AS KRISS AKABUSI.

WHEN IAN GETS SACKED FROM HIS JOB AT SPORTS RETAILER WEJUSTLOVESPORTS, HE'S FULLY COMMITTED TO GETTING HIS SPRINTING CAREER BACK IN FULL SWING. HE ANNOUNCES HE'S GOT A BIG TRIAL BOOKED: WESTON-SUPER-MARE ATHLETICS.

MET WITH AWKWARD SILENCE AND SUBTLE MOCKERY, IAN GETS READY AT THE START LINE OF THE RACE. HE TURNS AND TALKS TO THE INTERVIEWER ABOUT HOW FOCUSED HE IS; HOWEVER, THE RACE STARTS IN THE BACKGROUND WHILE IAN IS STILL TALKING. HE EVENTUALLY TURNS TO FIND THE RACE OVER.

ONE MONTH LATER AND HIS RUNNING CAREER OVER, WE JOIN IAN AT HIS NEW JOB, WORKING AS A CASHIER AT RIVAL SPORTS RETAILER SPORTSGALAXY.COM. WHEN A CUSTOMER CASUALLY COMPLIMENTS IAN'S SERVICE, CALLING IT 'RAPID', HIS EYES SUDDENLY LIGHT UP. HE FIGHTS BACK A SMILE BUT CAN'T HELP IT. IAN HITCHWORTH IS RAPID.



PIP WOOLWAY
WRITER/DIRECTOR

DIRECTOR'S STATEMENT

IAN HITCHWORTH IS RAPID IS FUELLED BY A DEEP LOVE FOR BRITISH HEARTFELT COMEDY, SUCH AS THE OFFICE (UK), W1A, AND EXTRAS. UTILISING THE MOCKUMENTARY GENRE ALLOWS THE STORY TO BE TOLD THROUGH THE UNBLINKING EYE OF THE DOCUMENTARY LENS, GIVING MORE EMOTIONAL WEIGHT TO THE PERFORMANCE, AS WE WATCH A SON DESPERATELY PERFORM FOR AN **ABSENT FATHER.**

TOLD THROUGH IAN'S DETERIORATING RELATIONSHIP WITH THE CAMERA, AT THE CORE, THIS IS A HEARTFELT STORY ABOUT **EMOTIONAL NEGLECT AND THE **ACCEPTANCE** OF BEING AVERAGE, JUST IN A SILLY DISGUISE.**

THIS APPROACH CREATES EXCITING EXPERIMENTATION, **BENDING THE RULES OF CLASSIC DOCUMENTARY TROPES, FINDING A UNIQUE BALANCE BETWEEN DOCUMENTARY AND DRAMA, ULTIMATELY **EMPHASISING THE COMEDY**.**

THE APPROACH TO THE FILM WAS TO WORK IN AN **IMPROVISATIONAL WAY, ALLOWING THE SCRIPT AND SCENE INTENTION TO ACT AS A PLATFORM FOR PERFORMANCE.**

WITH AN AUTHENTIC, **RAW AND VERY BRITISH AESTHETIC, INTERCUT WITH TALKING-HEAD INTERVIEWS; THE **ARROGANCE** CONTRASTS WITH THE **MUNDANE**.**

CREW



JOHNNY WATSON
PRODUCER



AMY SOWERBY
SOUND RECORDIST



ZAC NORMAN
DOP



SCARLET GRACE
CASTING / LOCATIONS



NIA MARCH
EDITOR



JACOB PRIDDLE
GAFFER



RORY GAULD
SOUND EDITOR



POLINA LYSOVA
PD

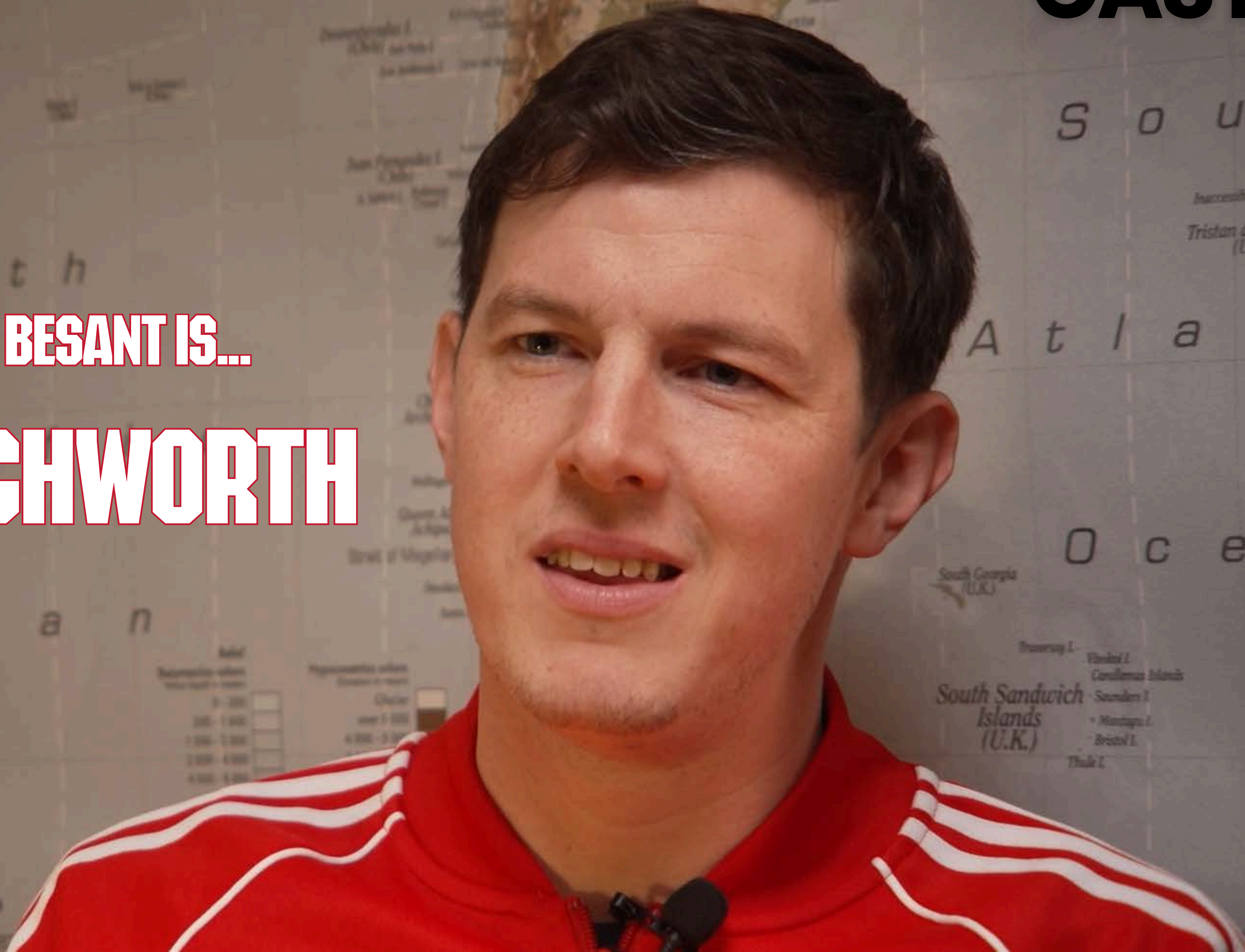


MIMI MANSELL
PD



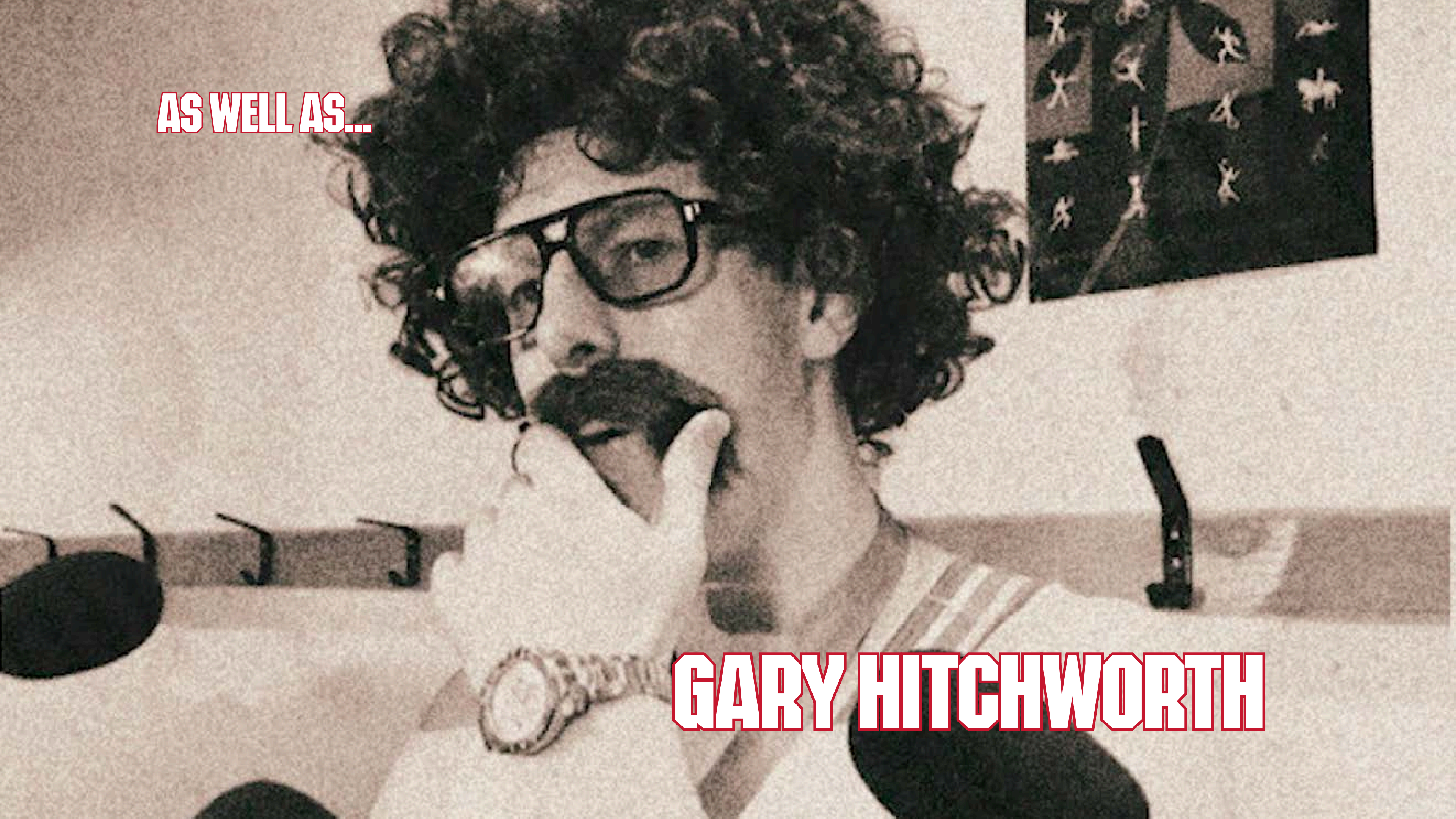
SOPHIE WARD
1ST AD

CAMERON BESANT IS...
IAN HITCHWORTH



AS WELL AS...

GARY HITCHWORTH



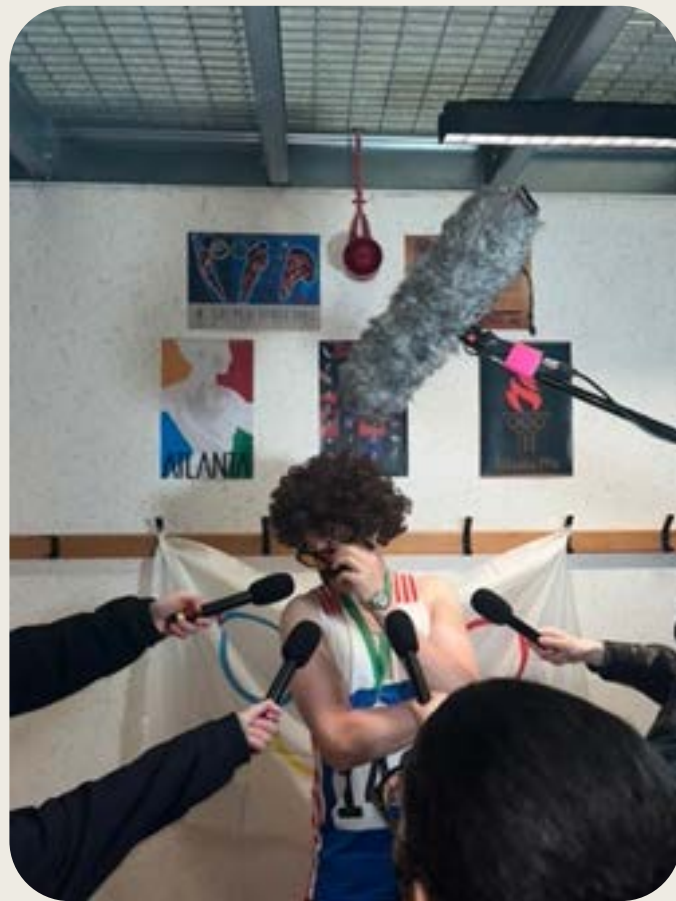
ALISON LIDBETTER IS...

THE INTERVIEWER





BTS



WATCH THE TRAILER HERE





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